

Risks and measures to be taken to minimise injury – Cockermouth Angling Association – Cogra Moss – 15th August 2015

Risk	Measures to minimise
Drowning – Cogra is a dangerous deep water	<ul style="list-style-type: none"> • Be aware and wade within own capability and with care • Note safe wading areas map displayed on Cogra notice board and observe wading route posts between shore and knock Island • Observe drop off at end of in-water stone casting areas on Southern shore
Slip hazards	<ul style="list-style-type: none"> • Be aware that banks are slippery. Note that felt soles without studs are hazardous on grass banks. • Styles and bridges are put in place to support access but cannot be subject to constant monitoring. Use them with care.
Specific trip hazards: <ul style="list-style-type: none"> • Trip hazards from long grass, other vegetation and uneven banks. • Railings on the South shore have collapsed on the ground and are covered in vegetation. 	<ul style="list-style-type: none"> • Anglers to be aware and care to be exercised
Injury to members of the public from back casts	<ul style="list-style-type: none"> • Anglers to exercise extreme care in areas where members of the public may be present. Cogra is used by walkers constantly and anglers are to give way to walkers at all times.
Weil's disease – Serious disease in human beings that requires hospital treatment	<p>Bacterial infection carried in the urine of rats which contaminates water and banks of lakes, rivers and ponds.</p> <p>Early symptoms are similar to flu and normally starts 3 to 19 days after exposure to contaminated water. Doctor should be consulted.</p> <p>Precautions to be observed are:</p> <ul style="list-style-type: none"> • Cover any cuts, sores or scratches with waterproof plasters or gloves • Disinfect any wounds that occur at the waterside • Wash hands or cover food with wrapper before you eat and do not put hands or equipment in your mouth after immersing in water • Do not touch dead animals especially rats and do not leave food or rubbish on the bank side